

Yasmine SPA
ياسمين سبا





Relax, Refresh, Rejuvenate...

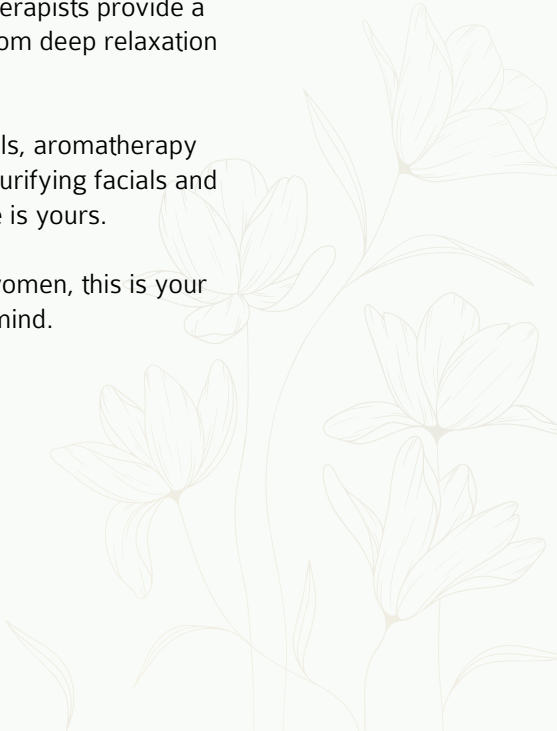
Yasmine Spa is one of the most advanced and unique spa complexes in Dubai that is dedicated to pampering the senses, relaxing, revitalizing and refreshing your mind.

It is also popular in using Dead Sea products in the treatments, making it a remarkable destination for healing and relaxation.

The spa features a sauna, steam, Jacuzzi, indoor relaxation area and a luxury traditional Hammam that will help you soften the skin and relax your muscles. Our highly trained therapists provide a host of personalized experiences that range from deep relaxation to spiritual well-being.

Take your pick from our revitalizing spa rituals, aromatherapy massages, luxury face and body treatments, purifying facials and customized spa packages; the choice is yours.

With separate private sections for men and women, this is your chance to reset your body and mind.





FACIAL TREATMENTS

PURIFYING FACIAL *(all skin types)*

This deep cleansing facial uses active marine ingredients for those looking to cleanse the skin deep down before going for a course of specific treatments. Facial massage techniques are incorporated to stimulate the facial muscles. Face mask is applied according to your skin type which makes your skin feel fresh, clear and soft.

With steam

75 Min

AED 135

Without steam

60 Min

AED 120

COLD MARINE *(sensitive)*

Based on revitalizing marine extracts, this treatment incorporates a cool mint mask to reduce redness, refine, relax, and tighten tension lines. It is perfect for sensitive skin prone to blotchiness.

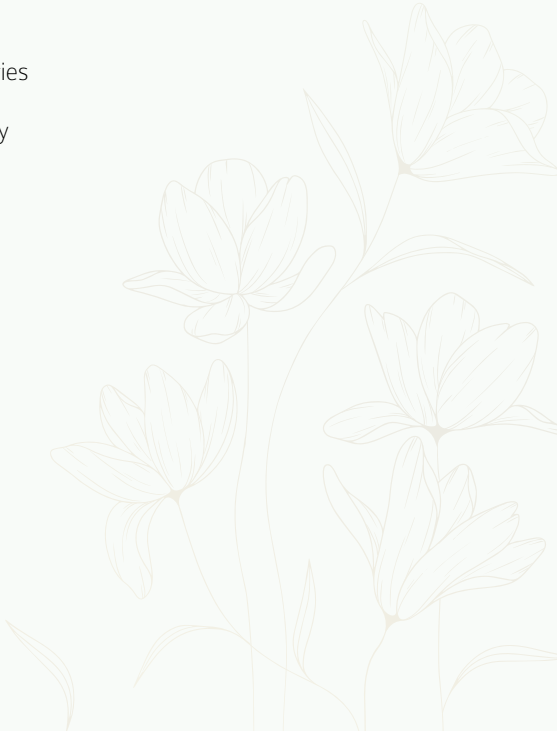
75 Min

AED 220

Pro Dermis: Specific line designed for sensitive skin with a constitutional tendency to develop irritative or allergic reactions. Designed to interrupt the inflammatory 'vicious-circle'.

Pro Rose: Designed to reduce the visibility of blemishes associated with Couperose. Couperose is a blotchiness of the skin characterized by capillaries dilation and red-purple color mostly localized in the nose and cheek area.

Pro Age: Dedicated to mature and sensitive skin. An absolutely necessary treatment to prevent, protect and prolong the face vitality, immediately fighting against signs of skin ageing.





ANTI-AGEING FACIAL TREATMENTS

FORMULA 201 (all skin types)

Plant stem cells combined with Mandelic peel possess the special property of enhancing the cell renewal capacity initiated by peeling. It has different treatments under it to correct specific skin disorders.

75 Min

AED 270

Whitening Treatment- Pigmentation, dark spots and photo ageing

Rejuvenating Treatment - Wrinkles and skin ageing

Normalizing Treatment - Oily skin and dilated pores

Green Age - Juvenile acne, aftermath of juvenile acne

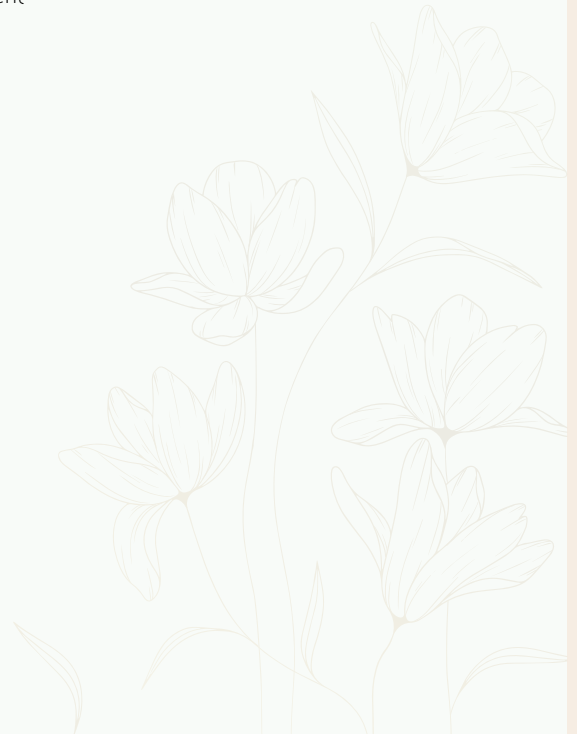
Skin Freshening Treatment- Skin freshening and glow

ULTIMATE AGE REVERSE (matured skin)

Histomer grants the ultimate skin bio stimulation noninvasive treatments, with fast and visible results, easily comparable with aesthetic medicine micro injection. It is based on 3 different biological complexes with an extremely high intra-dermal penetration capacity, that have proven to be a crucial element in fighting the skin ageing process, specifically designed for women aged between 45 and 65.

90 Min

AED 230



SIGNATURE FACIAL TREATMENTS

ACTIVE 'C' Anti-Pollution Skin Freshness Treatment

A facial treatment with Vitamin C to revive tired urban skin types for brighter, firmer skin and premature ageing. Skin becomes visibly smoother, radiant and younger looking.

60 Min AED 175

HYDRA FACIAL Hydrating Moisturizing Treatment

An intensive moisturizing action of Histomer Hydrating Formula that removes dead cells and extracts impurities while effectively cleansing, moisturizing and hydrating your skin. Plumped and refreshed, the skin regains its soft, smooth, balanced glow.

60 Min AED 200

GENTLEMAN'S FACIAL

A deep cleansing, therapeutic facial designed just for men. Choose a hydrating, anti-aging, soothing or targeted facial treatment that is specially adapted to men's skin needs.

60 Min AED 175

DEAD SEA MUD FACIAL Oxygenating Replenishing Facial With Sea Mud & Salt Water

A bubble of pure oxygen for your skin. Refresh a tired complexion with a cleanse and exfoliation followed by Dead Sea Mud mask. Perfectly hydrated and oxygenated, your face regains all its original radiance.

60 Min AED 175

EYE RADIANCE Smoothing Eye Treatment

An intensive eye treatment designed to diminish fine lines, wrinkles and improve dark circles, relieve puffy eyes and totally rejuvenate this delicate area for beautiful eyes that sparkle with youth.

30 Min AED 95



BODY TREATMENTS

DETOXIFYING TREATMENT Remineralizing Anti-Fatigue Treatment

An ultra-relaxing back massage, followed by a gentle slathering of self-heated marine mud along the spine for total relaxation and optimal detox effects. An add-on possibility for all Yasmine facials.

45 Min AED 175

SLIMMING TREATMENT Massage and Full Body Wrap with Algae

A full-body contouring spa treatment ideal for wellness retreats that combines a toning massage with a sea-fresh algae wrap to refine curves, reshape and tone.

60 Min AED 175

YASMINE CANDLE MASSAGE Relaxing Body Scrub and Candle

Massage with Jasmine Scented Oil

Candle massage with jasmine scented oil will relax and calm your mind and awaken your senses. These essential oils will awaken your senses and deeply nourish your skin, enhancing your massage experience. This reinvigorating massage will enhance the elasticity of your skin instantly making it feel soft.

90 Min AED 350

NATURAL RADIANCE Moisturizing Sun-Drenching Treatment

A gentle exfoliation followed by head-to-toe moisturization before the finishing touch. A full application of self-tanner cream. The perfect treatment for a natural, radiant tan or a way to extend summer glow.

45 Min AED 150

NATURAL DEAD SEA SALT SCRUB

Full body exfoliation leaves the skin feeling brand new. These famous salt granules provides skin preparation for your next treatment. Recommended for tanning preparation.

45 Min AED 95



BODY TREATMENTS

DEAD SEA MUD WRAP

A rich, re-mineralizing mud mask from the shores of Dead Sea, smothered in a thick layer of black goo, you would be wrapped up in a cling film-like sheet and left to relax as the mud works its moisturizing magic and helps to boost the blood circulation.

45 Min AED 120

EXCEPTIONAL DEAD SEA MUD WRAP

A rich, re-mineralizing mud mask from the shores of Dead Sea, smothered in a thick layer of black goo, you would be wrapped up in a cling film-like sheet and left to relax as the mud works its moisturizing magic and helps to boost the blood circulation. It includes a Dead Sea Mud facial with natural vitamins and minerals followed by a revitalizing scalp massage that helps to ease the mind, soothe tension and headaches.

60 Min AED 150

SWEET & SAVOURY TREATMENT Aroma therapy with body scrub

This gentle full body massage uses a delicious purifying body scrub formulated with brown sugar and essential oils to polish and hydrate skin. Body skin appears softer, sleeker and soothed.

75 Min AED 260





WELL-BEING MESSAGES

BACK, NECK AND SHOULDER MASSAGE

Focuses on releasing tension in the back, neck and shoulders. Improves circulation, muscle tone, boosts lymph and blood circulation to aid detoxification.

30 Min

AED 100

AROMATHERAPY MASSAGE

A relaxing hypnotic full body massage with alluring essential oils used to enhance mood and memory.

50 Min

AED 210

75 Min

AED 230

SWEDISH MASSAGE

A full body massage with regulated pressure, begins softly and gradually gets deeper. Promotes relaxation by releasing muscle tension.

50 Min

AED 190

75 Min

AED 210

ORIENTAL MASSAGE

A full body massage that combines acupressure and stretching to unknot muscles, de-stress and re-store energy, and alleviate fatigue and tension headaches.

50 Min

AED 200

75 Min

AED 220

DEEP TISSUE MASSAGE

A full body massage that is used to treat your muscular imbalances and apply a range of massage techniques to release tight muscles and repair damaged areas.

50 Min

AED 220

75 Min

AED 240

REFLEXOLOGY FOOT MASSAGE

Ancient Chinese technique using pressure point massage performed on the feet to restore the flow of energy and natural healing.

30 Min

AED 90

COUPLES MASSAGE

A luxurious full body massage designed to relax and unwind done separately for men and women.

60 Min

AED 310

HEAD MASSAGE

A great massage for your head to relieve tension, reduce stress and even improve hair growth.

30 Min

AED 90



YASMINE HAMMAM

FOAM MASSAGE

A gentle massage with the foam of pure olive oil soap which removes daily grime, revives tired muscles and leaves your skin clean and fresh.

45 Min

AED 140

ROYAL TRADITIONAL HAMMAM

Relax in the splendor of hammam as the heat and delicate aromas prepare you for the body polish and your choice of foam massage or scented essential oil massage. Savor the warm glow from the marble as your hair is washed and your scalp is massaged followed by moisturizing conditioner. Whilst your body is enveloped in an ultra-nourishing cream masque of Rose Clay, enjoy a facial cleanse, exfoliation and masque to revitalize your complexion. Your body will feel rejuvenated, deeply cleansed, smooth and hydrated.

90 Min

AED 200

MOROCCAN BATH

Begin this authentic body cleansing ritual with warm steam sessions. As the gentle heat softens your skin preparing you for a body exfoliation on our marble stone bed followed by a foam massage with pure olive oil soap, finishing touch with basic cleansing facial.

75 Min

AED 195



YASMINE RITUALS

DE-STRESS SPA JOURNEY

AED 435

Natural Dead Sea Salt Scrub	45 Min
Dead Sea Mud Wrap	45 Min
Swedish Massage	50 Min
Detoxifying Treatment	45 Min

DEEP LADY TOUCH

AED 460

Dead Sea Mud Facial	60 Min
Exfoliating Hammam	30 Min
Exceptional Dead Sea Mud Wrap	60 Min
Aromatherapy Massage	50 Min

3 DAY SPA JOURNEY

AED 700

Choose any three beauty services

Natural Dead Sea Salt Scrub	45 Min
Dead Sea Mud Wrap	45 Min
Oriental Massage	50 Min
Purifying Facial	60 Min
Aromatherapy Massage	50 Min
Dead Sea Mud Facial	60 Min

REVITALIZING ANTI-AGEING

AED 550

Exceptional Dead Sea Mud Wrap	60 Min
Yasmine Candle Massage	90 Min
Ultimate Age Reverse	90 Min
Eye Radiance	30 Min

HONEYMOON RENEWAL

(for two)

AED 450

Purifying Facial	60 Min
Natural Dead Sea Salt Scrub (for male)	45 Min
Sweet & Savoury Scrub (for female)	45 Min
Couples Massage	60 Min

BEAUTY SERVICES

BEAUTIFUL HANDS & FEET

Dead Sea Manicure	45 Min	AED 50
Dead Sea Pedicure	45 Min	AED 60
Dead Sea Manicure & Pedicure	80 Min	AED 100

WAXING

Arm	Half / Full	30 / 45 Min	AED 35 / 55
Leg	Half / Full	30 / 40 Min	AED 40 / 50
Underarm		20 Min	AED 35

For waxing in specific parts of the body, please ask Spa Receptionist



al khoory
ATRIUM HOTEL

LOCATION

Al Khoory Atrium Hotel, Al Barsha
Dubai, UAE

CONTACT DETAILS

Tel: 04 519 7999

Email: healthclub@alkhooryhotels.com