

MESSAGES

No.:	Treatment	Time	Price	Description
1	ياسمين مساج المميز للرأس Yasmine Signature Head Massage	30 Minutes	AED 75	Yasmine Signature Head massage relieves built up tension that can often result in headaches, migraines, neck and back pain. It helps in boosting overall immunity improving blood circulation, which in turn increases energy levels. It promotes clarity and increased concentration, soothes symptoms of asthma by calming the respiratory system and also relieves mandibular joint tension.
2	مساج الكاحل و القدم Foot, Ankle & Leg Massage	30 Minutes	AED 75	Foot, Ankle and Leg massage isn't limited to one modality and can have significant benefits that include the release of chronic muscular tension and pain, improved blood circulation, increased joint flexibility, reduced mental fatigue, stress reduction, improved posture and reduced blood pressure.
3	مساج الظهر Back Massage	30 Minutes	AED 95	One of the most common and beneficial parts of the body for massage is the back, since the nerves run through the spine. A good back massage can help relieve lower back pain, tension from upper back, improves sleep, helps healing process and increases blood circulation.
4	مساج الراس و الكتف Head & Shoulder Massage	30 Minutes	AED 95	Head and shoulder massages soothe away tensions in your upper body, break down knots and improve your flexibility. It helps relieve headaches by stimulating the nerves on your scalp and the blood circulation within your head. You will feel relaxed and re-energized.
5	مساج سويدي Swedish Massage	50 Minutes	AED 175	Swedish massage is exceptionally beneficial for increasing the level of oxygen in the blood, decreasing muscle toxins, improving blood circulation and flexibility while easing tension. It helps relieve stress, encourages relaxation, helps manage pain, relaxes muscles, improves flexibility and a range of motions.
6	مساج الأنسجة العميق Deep Tissue Massage	50 Minutes	AED 175	Deep-tissue massage is a specific type of massage therapy that concentrates on the deep layers of muscle and fascia in the body. Deep tissue massage can help ease this stress in a healthy manner. This is important, as unresolved stress can do major damage to mental and physical health.
7	مساج التيلاندي Thai Massage	50 Minutes	AED 200	Thai massage uses the gentle pressure on energy lines stretching to relax the whole body on a deeper level of relaxation. This improves the individual's personal outlook, and their emotional status, which results in deeper sleep allowing the body to heal itself physically, and let you feel more refreshed upon awakening. Thai massage helps to reduce the individual's stress levels, improve flexibility and improve their overall circulation.
8	ياسمين مساج المميز Yasmine Signature Massage	60 Minutes	AED 220	Yasmine Signature Massage is known to help reduce your fatigue by eliminating blockages in the body's meridians or invisible energy lines. It also helps to increase mental alertness. Massage therapies increase the response of lymphocytes - a type of white blood cell, which improves the body's resistance to diseases.



FACIALS

No.:	Treatment	Time	Price	Description
1	تدليك للوجه Basic Facial	60 Minutes	AED 95	Facial treatments helps to improve and restore blood circulation to facial skin layers, increasing the flow of oxygen-enriched blood to skin cells, removing the black heads and cleaning the skin.
2	تدليك للوجه مع فيتامين ج Vitamin C Facial	60 Minutes	AED 195	Vitamin C provides potent antioxidant protection, shielding skin from damaging free radicals. Vitamin C facial can help reduce the appearance of brown spots and other types of sun damage. It helps boost healthy collagen production, reduce inflammation and irritation, and also fades post-breakout red marks by improving skin's natural healing response.
3	التنظيف العميق الوجه Deep Cleansing Facial	60 Minutes	AED 195	During the 60 minutes facial process, your skin is subjected to steaming, deep cleansing and facial extractions. This facial removes toxins, dead skin cells, extraction of black and white heads, and dirt from your skin thus giving your skin a cleaner appeal. This facial treatment removes excess sebum and helps to open clogged pores and deeply cleanse the facial area.
4	مكافحة الشيخوخة الوجه Anti Aging Facial	60 Minutes	AED 195	Anti aging facial is an effective treatment to make your skin complexion lighter, slow the aging process, brighten skin, reduce wrinkles and to remove the top most dead layer of skin. It will help to keep your skin looking fresh, supple, smooth and young.
5	تفتيح الوجه Whitening Facial	60 Minutes	AED 195	Whitening facials accelerates brightening, improves skin tone, enhances skin clarity and creates a fresher, healthier appearance. It also helps to minimize the appearance of sun and age spots.

MOROCCAN BATH

1	حمام مغربي Moroccan Bath	60 Minutes	AED 175	This bath is done to clean, whiten and soften the skin. It also helps to relax the tired nerves and muscles while enhancing the blood circulation of the body. A Moroccan bath usually refines skins elasticity and clarity, refines skin texture by removing dead skin layers. Moroccan bath followed by a luxurious massage is the best way to pamper oneself.
2	فرك الجسم Body Scrub	30 Minutes	AED 95	A body scrub is a treatment that is basically a facial for the body. It exfoliates and hydrates your skin, leaving it smooth and soft. Body scrub helps removal of dead skin cells.

MANICURE & PEDICURE

1	مانيكير Manicure	45 Minutes	AED 45
2	باديكير Pedicure	45 Minutes	AED 55
3	تجميل الأظافر والقدمين Manicure & Pedicure	90 Minutes	AED 90

WAXING

1	ازالة شعر نصف الذراع Arm Wax Half	30 Minutes	AED 25
2	ازالة شعر المعدة Stomach Wax	30 Minutes	AED 30
3	ازالة شعر نصف الارجل Legs Wax Half	30 Minutes	AED 39
4	ازالة شعر الذراع بالكامل Arm Wax Full	45 Minutes	AED 39
5	ازالة شعر الصدر Chest Wax	30 Minutes	AED 49
6	ازالة شعر الظهر Back Wax	30 Minutes	AED 49
7	ازالة شعر الارجل Legs Wax Full	45 Minutes	AED 49

